

ACCESS TO ACTING: ACT 101

ACTOR DEVELOPMENT WORKSHOPS



Do you have a secret ambition to be an actor? Or have you been told you are a natural performer? Perhaps you want to improve your confidence and find a creative outlet to balance the stress of your work life. Would you like to try out acting to get a feel for the subject? Maybe you have some experience already but would like to refresh your skills. It is also a great opportunity to continue your learning and gain new techniques. Whatever your past experience our Sunday classes will enable you to have a weekly creative outlet without breaking the bank.

ACT 101 COURSE OUTLINE

There are 2 levels on this programme: Level 1 and Level Plus. Each level consists of 6 weekly workshops given on Sundays. Level Plus is a development from Level 1, and students need to complete this first level before moving on to Level Plus.

These classes are run by our team of professional actors and directors whose experience and energy will encourage and challenge you as you develop your talents. Students on our Sunday programme will be taught by the same instructors as our full time Diploma courses and have access to the same facilities.

This course in Acting is open to anyone over the age of eighteen who may or may not have experience in acting or to those who show a natural ability in performance.



Although students are not expected to have a high level of experience, they are expected to have, as with most of our courses, a good work ethic and to be dedicated.



The London School of Dramatic Art has on occasion admitted a student to its full-time acting programme after displaying exceptional talent and discipline. ACT101 students wishing to be considered for admission to full-time courses should consult their Sunday tutors

All new students must start at Level 1. We often have enough new students to create two groups based on experience so that everyone is able to progress at a rate that is suitable for them. It is encouraged that students attend all classes in the level that they are completing. No student is able to miss more than four classes. If more than four classes are missed the level will have to be repeated at the cost of the student.

The course runs four times a year with start dates in January, April, July and October. Classes take place at 4 Bute Street, South Kensington, London; the nearest underground station is South Kensington.

ACT 101 SUBJECT AREAS

Throughout the levels you will cover a variety of areas relating to acting and performance. Modules will include:

ACTING TECHNIQUES

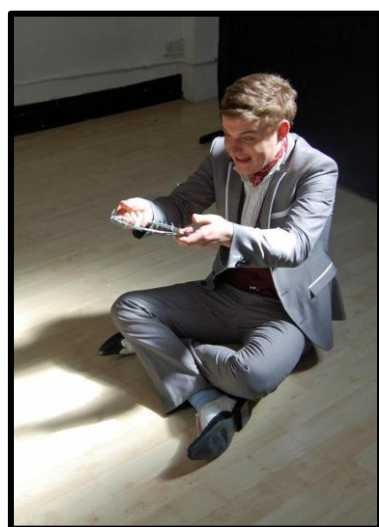
You will begin with entertaining and lively exercises where you will be taught the basic techniques of performance. Through these exercises you will begin to explore your creativity and imagination, and achieve an understanding of character behaviour and impulse. We will strive to foster your individuality and help you to find your own unique 'voice'.

CHARACTER STUDIES

One of the central skills a new actor needs to learn is how to get 'in character'. In these sessions you will try out a variety of ways in which to create a character and assume a role. Through easy exercises and techniques you will start to feel comfortable with characterisation and begin a journey towards creating dynamic and truthful characters.

You will also experiment with new ways to approach character development and apply your discoveries to exercises and scene work. You will then learn how to place these characters in relationships and bring them to life in a scene.

You will also start to discover what your own habits and personal traits are – the way you walk, the way you hold yourself, the rhythm of your speech etc. Through this process you will learn how to neutralise yourself in order to fully inhabit the life of another character, physically and imaginatively.



IMPROVISATION

The art of improvisation enables the actor to act spontaneously within a scene. Even the most courageous actor has some form of inhibition; in this class you will learn how to access your innate spontaneity and imagination. These Initial Improvisation classes will encourage you to overcome your inhibitions in a fun, creative and dynamic way.

VOICE STUDIES

The voice is a vital component for an actor. In these sessions you will begin to explore how breath capacity, clarity, articulation, connection and credibility affect the voice. You will explore the voice through the use of text, such as extracts from literature, poems and scenes from plays. You will learn how the voice works and its vital place in acting, and begin to master its use to shape a performance.

You will also be taught to identify your own inherent vocal habits and how to change and control speech patterns. Voice work includes exercises to improve breath control in order to extend vocal range and flexibility.

MONOLOGUES

You will discover how to identify a monologue that will show off your acting strengths and you will be taught how to prepare the monologue for performance. You will develop confidence in addressing and engaging your audience and learn how a connection with the text can allow you a deep emotional understanding of the character. Your objective will be, through practical application, to sustain a character and tell their story for at least 2 minutes whilst remaining grounded within the context of the whole play.

Other Modules will include;

- Frantic Assembly Method Movement
- Improvisation
- Combat
- Audition Techniques
- Shakespeare



COURSE DATES

2026/2027 DATES:

- Sunday 25th October 2026
- Sunday 24th January 2027
- Sunday 18th April 2027
- July 2027



COURSE FEES

The total cost for the course is **£125** per 6-week Level.

Each level consists of a 20-hour workshop over the course of 6 weeks.

The full £125 must be paid before the start of the course to ensure the place is confirmed.

ABOUT LSDA

London School of Dramatic Art (LSDA) was set up to provide a comprehensive and professionally relevant vocational training that was both accessible and centred around the individuality of the students attending. The management, staff and tutors at LSDA are all working professionals: a fact that ensures relevant training methodology and approach, along with a clear focus on current industry requirements and practices, are always at the heart of the training experience.

Graduates of LSDA's courses have been successful in obtaining professional acting work within all performance mediums; stage, TV, film, and voiceover as well as gaining representation by reputable agents. In addition to this they have established relationships with industry casting consultants and directors.

Our style of teaching is not to impose methodologies but to provide the tools to enable students to become imaginative creative professionals. We foster the individual talents in all our students. We encourage them to take responsibility for creating specific character choices whilst studying at LSDA and throughout their ongoing career. LSDA aims to assist each student in reaching their full potential.

LSDA admits only a limited number of students each year because we want to maintain a high creative standard of student in a close-knit learning environment. We believe this sets the right scene for growth and development for an actor.

The founding principles of the London School of Dramatic Art continue to remain the essence of what makes this school a unique and refreshing place to train.

LSDA is a partnership with David Game, Chairman of the David Game College Group, Drama Centre London trained Jake Taylor (current Principal) and Casting Director Urvashi Chand.



CONTACT INFORMATION

London School of Dramatic Art
4 Bute Street,
South Kensington,
London, SW7 3EX

0207 581 6100

admin@lsda-acting.com

www.lsda-acting.com

